



Ottawa Learning Lab

SPEAKERS

Nancy Edwards



Nancy Edwards is a Full Professor in the School of Nursing, and the Department of Epidemiology and Community Medicine, University of Ottawa; Director of the Community Health Research Unit; Principal Scientist, Institute of Population Health; Senior Scientist, Élisabeth Bruyère Research Institute; and Academic Consultant, City of Ottawa (Public Health Services). Dr. Edwards obtained her undergraduate nursing degree from the University of Windsor and completed graduate studies in epidemiology at McMaster University and McGill University. Nancy is the holder of a CHSRF/CIHR Chair Award in Nursing (2000-2010). The focus of her award is Multiple Interventions in Community Health Nursing Care. She took up her appointment as Scientific Director for the CIHR Institute of Population and Public Health in July 2008.

Paulette Senior



Paulette Senior

CEO and President, Canadian Women's Foundation

Paulette Senior has devoted her career to empowering women and girls to overcome barriers and reach their full potential. [She faced her own set of barriers](#) when she immigrated to Canada from Jamaica as a young girl – an experience that ignited her interest in justice and activism.

Paulette began her career on the front lines of social service organizations in some of Toronto's most economically disadvantaged neighbourhoods. "I realized that the roles could easily have been switched; that it could have been me living in those circumstances." She saw first-hand the urgent need for social resources and systemic change to transform women's lives. Through her work and advocacy with shelters, as well as employment and housing programs, she has earned numerous awards and become one of the most respected women leaders in Canada.

Mamta Gautam



Dr. Mamta Gautam is a psychiatrist at The Ottawa Hospital and in the Department of Psychiatry at the University of Ottawa, and President and CEO of PEAK MD. She is a pioneer in the area of physician health and well-being. Hailed as “The Doctor’s Doctor”, all of her clinical work has been focused on treating physician colleagues. She was the founding director of the University Of Ottawa Faculty Of Medicine Wellness Program, the first wellness program at any medical school worldwide. This program served as the template for the Canadian Medical Association Centre for Physician Health and Wellbeing, where she served as the Chair of the Expert Advisory Group. She created the Canadian Psychiatric Association Section on Physician Health. In 2008, she founded the International Alliance on Physician Health, bringing together experts globally to collaborate on work in this area.

MENTORS

Kelly Grimes



Kelly Grimes is the Executive Director of the Canadian Health Leadership Network (CHLNet) CHLNet is a not-for-profit, purpose-built coalition of 42 organizations that cut across jurisdictions, policymakers, academics, health associations, regional health authorities, patients and health disciplines, health authorities, patients and health disciplines. Kelly has overseen numerous health leadership studies such as Return on Investment in Healthcare Leadership Development Programs and the Canadian Health Leadership Benchmarking Survey Report. In addition to this role, she maintains ongoing consulting projects at the macro, meso and micro levels of the health system including: Health Technology Assessment in Canada; Funding Models for Physician Assistants: Canadian and International Experiences; and Policy and Economic Considerations for Frailty Screening in the Canadian Healthcare System. She was previously Senior Director of the Quality Worklife Quality Healthcare Collaborative and Director of Research at Accreditation Canada. Kelly has a Masters of Health Sciences from the University of Toronto and Science and Business Degrees from the University of Ottawa.

Jennifer Kitts



Jennifer Kitts recently joined the Canadian Medical Association (CMA) as Senior Director of Health Policy. The CMA unites over 85,000 member physicians on national health and medical matters. As Senior Director of Health Policy, Jennifer connects the policy work of the organization with other directorates and manages medical education and selected new and emerging policy issues.

Before joining CMA, Jennifer was the Director of Policy and Strategy at HealthCareCAN – the national voice of Canada’s hospitals and healthcare organizations. Jennifer has over 25 years’ experience as a legal and health policy director, advisor, strategist, advocate, researcher and coalition-builder. Over her career, Jennifer has worked for a range of governmental, non-governmental, and healthcare organizations (both Canadian and international) to advance key health policy issues. She holds a law degree from the University of Ottawa and a Master of Laws from the University of Brussels (with a focus on women’s health and human rights).

Emily Gruenwoldt



Emily Gruenwoldt is the President & CEO of the Canadian Association of Paediatric Health Centres (CAPHC), and Executive Director of the Paediatric Chairs of Canada (PCC).

Previous to her work with CAPHC and PCC, Emily spent ten years with the Canadian Medical Association in various Director-level roles including Professional Affairs, Physician Learning and Development, and Strategy and Innovation. Emily has significant health care governance experience having served two terms as a board member for both Carefor Home & Health Services and The Ottawa Hospital, and is a current member of the Arnprior Regional Health board.

In 2017, Emily was recognized by the Ottawa Business Journal as a recipient of the Top Forty Under Forty Award. She has also been recognized by the Canadian College of Health Leaders as the national recipient of the Robert Zed Young Health Leader award (2011).

Emily lives outside of Ottawa in the community of Stittsville, with her two young children and her husband.

Josephine Etowa



Dr. Josephine B. Etowa, PhD MN BScN RM RN FWACN, is a Professor and Loyer-DaSilva Research Chair in Public Health Nursing in the Faculty of Health Sciences at the University of Ottawa. She is also a senior Investigator with the Nursing Best Practice Research Centre (NBPRC) at the University of Ottawa, and a founding member, and past president of the Health Association of African Canadians (HAAC). As a nurse, a midwife, an international Board Certified lactation consultant (IBCLC), a researcher and an educator, Professor Etowa has worked in various capacities within the Canadian health care system and abroad including Nigeria over the past three decades. Her program of research which is grounded in over twenty-five years of clinical practice in the areas of maternal-newborn and child health (MNCH), global health, nurses' worklife issues, including internationally educated nurses (IENs) and in public health nursing in Canada and low middle-income countries in Sub-Saharan Africa and the Caribbean She has also examined the worklife of nurses from various social locations in the context of diversity; Black nurses (2005), Visible minority nurses (2008), Aboriginal nurses (2009) and White nurses (2010). Dr Etowa has served on the Community Health Nurses of Canada (CHNC) Research committee, Board of Directors for the African and Caribbean Council on HIV/AIDS in Ontario (ACCHO), Board of Directors for the Canadian Public Health Association (CPHA) and the Stephen Lewis Foundation for HIV and AIDS in Africa