

Documents	Links
Exploring Two Psychosocial Factors for Health-Care Workers: Research Report	https://mentalhealthcommission.ca/resource/exploring-two-psychosocial-factors-for-health-care-workers/
Examining Two Psychosocial Factors in Long-Term Care During the COVID-19 Pandemic: Policy Brief	https://mentalhealthcommission.ca/resource/examining-two-psychosocial-factors-in-long-term-care-during-the-covid-19-pandemic-policy-brief/
How to support health-care workers at work	https://mentalhealthcommission.ca/resource/how-to-support-health-care-workers-at-work/
National Standard for Psychological Health and Safety in the Workplace – website and supportive tools	https://mentalhealthcommission.ca/national-standard/
Transforming Healthcare Organizations - National Standard / LEADS crosswalk	https://mentalhealthcommission.ca/resource/transforming-healthcare-organizations/
A Practical Toolkit to help employers build an inclusive workforce	https://mentalhealthcommission.ca/resource/a-practical-toolkit-to-help-employers-build-an-inclusive-workforce/
Safer Language reference guide	https://www.mhfa.ca/en/safer-language-reference-guide
Mental Health First Aid Training	https://mentalhealthcommission.ca/training/mhfa/
The Working Mind Training – Employee and Manager	https://mentalhealthcommission.ca/training/twm/
Being a Mindful Employee: An Orientation to Psychological Health and Safety in the Workplace	https://mentalhealthcommission.ca/training/online-training-in-psychological-health-and-safety/
Mental Health Continuum self-assessment	https://theworkingmind.ca/continuum-self-check
The Working Mind COVID-19 Self-care & Resilience Guide	https://mentalhealthcommission.ca/blog-posts/5813-the-working-mind-covid-19-self-care-resilience-guide/