



#### **Concurrent Session 4**

# The art of building community health coalitions









- Executive Director since 2016.
- Master of Science in Health Sciences.
- Manages programs, services, and projects across southern Alberta for a range of provincial ministries, including Alberta Community & Social Services, Alberta Children's Services, Alberta Health Services.
- Worked with the Alberta Healthy Communities Initiatives since 2018.



Zakk Morrison









- Outreach Services Supervisor since 2021.
- Bachelor and Master's of Arts in Sociology and Child and Youth Studies.
- Oversees staff in the Outreach Services department, which provides programs and services for youth, seniors, and volunteers.
- Worked with the Alberta Healthy Communities Initiatives since 2023.



Kaitlynn Weaver









- Family Support Worker since 2015.
- Early Childhood Education Certificate and Accredited Triple P Facilitator Level 2-4.
- Leads a variety of programs and services within the Town of Raymond for families, parents, caregivers, children and youth.
- Worked with the Alberta Healthy Communities Initiatives since 2019.

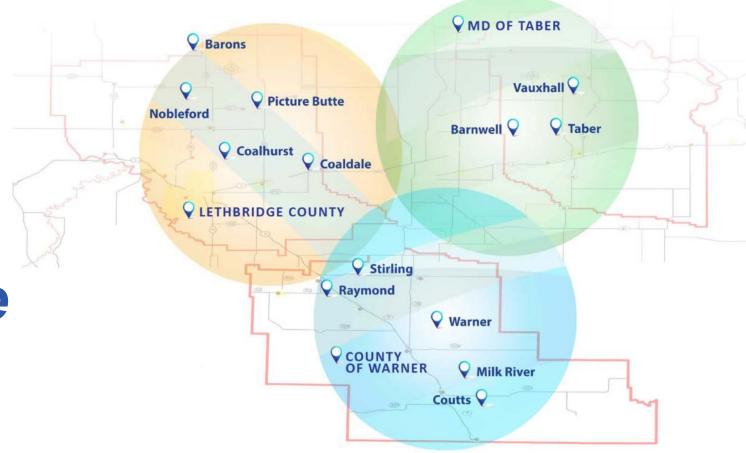


Myrna Sopal









## Collaborative Advantage







## **Examples of Collaborations**

- 1. Joint Venture
- 2. Network
- 3. Alliance
- 4. Coalition

Source: LEADS. Branches of Knowledge: Comprehensive Articles of Leadership







### **Coalition**

Short-term collaborations that convene to address an immediate, resolvable concern and then part ways when the goal is accomplished.

Source: <a href="https://www.ruralhealthinfo.org/toolkits/networks.pdf">https://www.ruralhealthinfo.org/toolkits/networks.pdf</a>







## **Alberta Healthy Communities Approach**

AHCA provides an outline (5-step process) for creating action driven by the collective community voice to build healthy, resilient communities.



Source: Alberta Healthy Communities Action Guide (2023)







## Step 1 - Engage & Create Connections



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## Step 1 - Engage & Create Connections

#### **Create Your Coalition**

- Each Coalition must have 6-8 different coloured brains.
- Find a table for your group.
- Once your Coalition is created introduce yourself.







## Tear Open Envelope Labelled 'Step 1'



**Not for Profit Leader** 

The Bridger



Law Enforcement

The Investigator



**The Frontline Worker** 

The Builder



**The Politician** 

The Networker



**The Business Owner** 

The Innovator



The Community Champion

The Resistor



The Town Employee

The Communicator



The Church Leader

The Nurturer







## **Step 2 - Understand Your Community**











## **Step 2 - Understand Your Community**

#### A. Tear open the envelope labelled Community Profile

Read and discuss the community.

#### **B.** Challenges

 Write the challenges in the white space on the mountain.

#### C. Community Assets

Write <u>relevant assets</u> in the community white space.

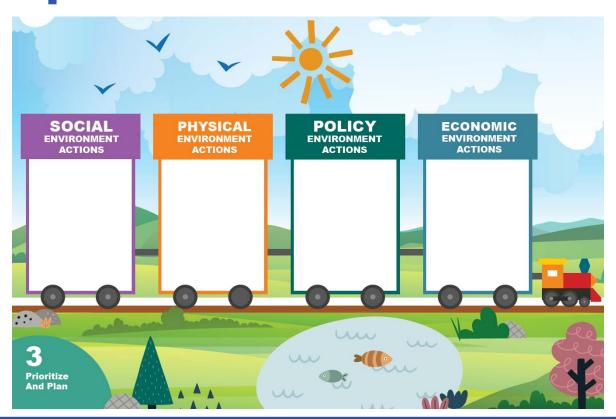






## Step 3 - Prioritize & Plan











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- A. Write the actions that address the community issue in the white space.
- B. Environments are what surround us and affect our everyday choices.
  - Social: How communities support individuals.
  - Physical: How our communities are designed.
  - Policy: The policies that affect communities.
  - Economic: The affordability of our communities.







## Step 4 - Implement & Evaluate











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#### A. Choose key actions

- Determine the top 2 actions from Step 3.
- Write those actions in the white space on the road and include strategies that will help you get closer to your goals.

#### **B.** Choose your vision

- Choose a statement that defines success for your Coalition.
- Write the statement in the white space on the sun.







2 Understand Your

3 Prioritize & Plan

**TURF** 

5 Sustain & Share

Engage & Create

Connections

## Step 5 – Sustain & Share

#### **TRUST COMPETE CO-EXIST** COMMUNICATE COOPERATE COORDINATE **COLLABORATE INTEGRATE** Fully Competition No systematic Organizations Inter-agency Interaction Longer term systematically for clients. connection information as needed. interaction integrated sharing; eg, often informal, adjust and align programs, resources, between based on planning, public agencies networking on discrete work with each shared mission, funding attention activities or other for greater goals: shared projects outcomes decision-makers and resources

Source: Alberta Healthy Communities Action Guide (2023)







## **Key Take Aways**

- Inspire collaboration.
- Move beyond theory.
- Posters & Brains!

Everything we do is shaped by the unique communities we live in and the amazing people who live there.







#### Reference

Alberta Healthy Community Resources

https://albertahealthycommunities.healthiertogether.ca/



