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## Maintenance of Certification (MOC)

Attendance at this program entitles certified Canadian College of Health Leaders members (CHE / Fellow) to 10 Category I credits towards their maintenance of certification requirement for attending the summit.

CCHL-CCLS.CA

2023

Canada West Health Leaders CONFERENCE

VICTORIA, BC  
October 24-26, 2023



## Caring for people who care for people

The Canadian College of Health Leaders (CCHL) is pleased to present the annual Canada West Health Leaders Conference (CWHLC). Themed Caring for people who care for people, this conference is hosted by the CCHL Western Chapters (Assiniboia (SK), BC Interior, BC Lower Mainland, BC Vancouver Island, Manitoba, Midnight Sun, Northern Alberta, Northern and Central Saskatchewan, and Southern Alberta).

### TUESDAY, OCTOBER 24, 2023

11:00 – 16:00	Registration	Pre-function
12:00 – 14:30	Study Tours: The Summit at Quadra Village	Pre-function
12:00 – 14:30	Presentation and discussion: Supervised consumption in the context of increasing crisis due to toxic drug supply	Pre-function
15:30 – 17:30	Study Tour: Centre for Interprofessional Clinical Simulation Learning	Pre-function

### WEDNESDAY, OCTOBER 25, 2023

07:00 – 16:00	Registration	Pre-function
07:30 – 08:30	Continental Breakfast	Salon A
08:30 – 09:00	<b>PLENARY</b> Opening Ceremonies	Salon B/C
09:00 – 10:00	<b>PLENARY</b> Resilience and change: Harnessing the opportunity of the moment	Salon B/C
10:00 – 10:45	Networking Break	Salon A

CANADIAN COLLEGE OF HEALTH LEADERS



COLLÈGE CANADIEN DES LEADERS EN SANTÉ



10:45 – 12:15 **CONCURRENT SESSIONS**

<b>1</b>	Facilitators and barriers to addressing healthcare workers' psychological health and safety ◆EO (Intro)	Crystal Ballroom
<b>2</b>	Measuring, understanding, addressing, and ameliorating the effects leading to workplace-based violence and code whites in healthcare *EO (Inter) <i>Sponsored by: HIROC</i>	Oak Bay 
<b>3</b>	Call...to action: A practical approach to empower clinical care teams through building an Action ○EO (Inter)	Saanich
<b>4</b>	Certified Health Executive (CHE) Bootcamp ❖LS (Intro)	Colwood
<b>5</b>	<b>LIGHTNING SESSION</b> <i>Sponsored by: BCIT</i> Finding Joy ○LS (Intro)  Promoting self-care for home and community care workers during the COVID-19 pandemic ◆EO (Intro)  Building a caring work environment by promoting attendance, wellness, and engagement ○EO (Intro)  Micro changes for macro results: Altering goal setting to maximize leadership potential in an ever-changing healthcare landscape ◆EO (Inter)  Hope for the best, prepare for the worst: Emergency self-care seminar ○LS	Sidney 

12:15 – 13:30 **Networking Luncheon** *Salon A*

13:30 – 15:00 **CONCURRENT SESSIONS**

<b>6</b>	Mentorship programs: An opportunity to nourish both mentor and mentee ○EO (Inter)	Sidney
<b>7</b>	Work smarter, not harder: Addressing moral injury by building on assets ◆EO (Intro)	Crystal Ballroom
<b>8</b>	<b>CAMPFIRE SESSION: Engage others</b> <i>Sponsored by: Health Quality Council of Alberta</i> Planting the seeds of engagement, innovation, and organizational learning: A northern tale of quality improvement ○EO (Inter)  Nothing about us, without us: Co-designing with caregivers ○EO (Intro)	Saanich 
<b>9</b>	Global connectivity: Leadership perspectives on equity, inclusion, and social justice ❖LS (Intro)	Oak Bay
<b>10</b>	Coaches' Corner <i>Sponsored by: Roche</i>	Esquimalt 
15:00 – 15:45	<b>Networking Break</b>	<i>Salon A</i>
15:45 – 17:00	<b>PLENARY</b> Retention in action – Towards safety and quality	<i>Salon B/C</i>
17:00 – 18:30	<b>Networking Reception</b>	<i>Salon A</i>
19:00 – 21:00	<b>Pub Crawl</b>	<i>Pre-function</i>

**THURSDAY, OCTOBER 26, 2023**

06:45 – 07:30	<b>Partyfit® Dance Fitness Class</b>	<i>Esquimalt</i>
07:30 – 15:00	<b>Registration</b>	<i>Pre-function</i>
08:00 – 09:00	<b>Continental Breakfast</b>	<i>Salon A</i>
09:00 – 09:15	<b>PLENARY</b> Welcome	<i>Salon B/C</i>
09:15 – 09:45	<b>PLENARY</b> Three reasons why care is not enough to support health leaders... and what to do about it	<i>Salon B/C</i>
09:45 – 10:30	<b>Networking Break</b>	<i>Salon A</i>
10:30 – 12:00	<b>CONCURRENT SESSIONS</b>	
<b>11</b>	Wellness through safety: Leading a thriving workforce through physical, psychological, cultural safety ❖EO (Intro)	<i>Crystal Ballroom</i>
<b>12</b>	Designing for a caring culture ◆AR (Inter)	<i>Saanich</i>
<b>13</b>	<b>CAMPFIRE SESSION – Lead self</b>  Reviving an exhausted brain: A leads-self journey of depletion, discovery, and recovery ◆LS (Inter)  Burnout - Wildfire to flame ◆EO (Inter)	<i>Oak Bay</i>
<b>14</b>	Examining two psychological factors for workers in healthcare and long-term care ○LS (Intro)	<i>Colwood</i>
<b>15</b>	<b>CAMPFIRE SESSION – Middle managers</b>  Moving from a culture of caring to a covid culture and back ○EO (Intro)  Exploring adaptive leadership for frontline professionals in an acute care setting ◆LS (Intro)	<i>Sidney</i>
12:00 – 13:30	<b>Networking Luncheon</b>	<i>Salon A</i>
13:30 – 14:45	<b>PLENARY</b> CARING IS EVERYTHING™: Getting to the heart of leadership in healthcare	<i>Salon B/C</i>
14:45 – 15:00	<b>PLENARY</b> Closing ceremony	<i>Salon B/C</i>

\*Program is subject to change.

**LEGEND**

<b>Format:</b>	■ – Panel	■ – Workshop	■ – Lightning	■ – Campfire	<b>Level:</b> <i>Introductory - (Intro)</i> <i>Intermediate - (Inter)</i>
<b>LEADS:</b>	LS – Lead Self	AR – Achieve Results	EO – Engage Others		
<b>Audience:</b>	○ – Middle managers	◆ – Senior leaders	* – Chief Executive Officer	❖ – Applicable to all	